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Denture / Partial Denture

- You will experience some discomfort with any new denture for a few days. All new dentures need several adjustments to completely and comfortably fit your mouth.

- Clean dentures thoroughly with brush and water before putting them back in your mouth.

It may be difficult to talk normally with the new denture for a few days. A way to practice is to read a book or newspaper out loud for a period of time everyday. Your tongue and muscles will get used to the new denture and you will talk normally very soon.

- Even if you wear full dentures, it is still important to take good care of your mouth. Brush your gums, tongue and palate every morning with a soft-bristled brush before you insert your dentures to stimulate circulation in your tissues and help remove plaque.

- Clean dentures thoroughly with brush and water before putting them back in your mouth

- Sore spots may develop, if so, please contact our office for adjustments.

- Remember to leave your denture out at night to give tissues a rest.

- If you need adhesive, apply in small dots for easier clean up. Clean after use with a denture brush and soap and water over a soft surface and store in its container. Make sure to clean the container regularly.

- Use PolyDent once a week to soak appliance in to remove mineral deposits.

- Keep away from pets as they can chew them.

- If your denture is broken or stops fitting properly, contact our office at (253) 854-8008.