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## *Temporary Crown / Bridge*

- Crown and bridges usually take 2 or 3 appointments to complete. On the first appointment the tooth/teeth are prepared and impressions are taken and a temporary crown is placed on your tooth/teeth.
- You may experience sensitivity, gum soreness and slight discomfort on the tooth / teeth; it should subside after the placement of permanent crown.
- Whenever anesthesia is used, avoid chewing on your teeth until the numbness has worn off.
- Temporary crown is usually made of plastic based material or soft metal. It could break if too much pressure is placed on it. The crown also may come off; if it does, save the crown and call our office. The temporary crown is placed to protect the tooth and prevent other teeth to move. If it comes off it should be replaced. To avoid losing your temporary, avoid chewing on sticky and hard food (chewing gum, ice). Try to chew on the opposite side of the treatment as much as possible.
- What if my temporary came off?

- 1) If your temporary comes off, it is okay to wait until the next business day to call our office to re-cement it for you.
- 2) You can apply the temporary cement in the small pouch we gave you or a little Vaseline inside after you try it on, rotate it until it fits and tack it in place until you see the dentist. It is important that the temporary remain on the tooth to prevent any drifting or tooth exposure before the permanent restoration is cemented.
- 3) If you are unable to bond the temporary securely, please call our office at (253) 854-8008 so we can schedule an appointment to re-cement it

- After the permanent restoration is placed you may feel slight pressure for a few days. Also, the bite may feel different for a day or two. But if the bite feels uneven or you feel discomfort on chewing on the tooth after 2-3 days call our office. Delaying the necessary adjustments may damage the tooth permanently.

- Continue your normal brushing but be careful while flossing around the temporaries (remove the floss gently from the side). Warm salt water rinse will help the gingival tissues around the restoration to heal faster.

- Call our office if you are in pain or if you have any questions.